Gym/Workout Facility FAQ

Can trainers do one on one trainings outside the gym?
Yes. We strongly encourage practicing social distancing when you are working one on one. Please also remember to practice proper cleaning techniques.

Can instructors teach classes outside in the park?
Yes. Please limit these groups to 10 people or less and maintain 6 feet between each participant.

Is the gym closed to all patrons?
Yes, at this time gyms are closed.

Can gyms still sell retail products out of their facilities?
Yes. We encourage limiting the amount of people in the facility at one time, preferably down to one person at a time. Please make sure to clean the work station between each customer and wash your hands regularly.

Can paid employees be in the gym?
Yes, they are encouraged to practice social distancing.

Can running groups be organized outside?
Yes. Please practice social distancing and have 10 or less participants in each group.